

Local Wellness Policy

Federal Public Law (PL 108.265 Section 204) states that by the first day of the 2006 school year beginning after June 30, 2006, all schools must develop a local wellness policy. The Local Education Authority (LEA) will establish a plan for measuring implementation of the local wellness policy. Each Public School Academy is its own district (LEA).

Policy:

The Chatfield School District is committed to the goals of nutrition education and promotion, promoting adequate physical activity and having healthy school-based activities by providing a school environment that enhances learning and development of lifelong wellness practices.

With regard to the goal of nutrition education, the Chatfield School will have the following specific goals:

- Sequential and interdisciplinary nutrition education will be provided and promoted. Nutrition education will be integrated into other areas of curriculum such as math, science, language arts and social studies.

With regard to the goal of nutrition promotion, the School will have the following specific goals:

- Nutrition promotion will involve sharing with families nutrition and health information on creative ways to achieve good nutrition and the positive benefits thereof.
- Nutrition promotion will be accomplished through the implementation of the Final Rule Nutrition Standards in the National School Lunch.

With regard to the goal of promoting adequate physical activity, the School will have the following specific goals:

- Patterns of meaningful physical activity which connect to students' lives outside of physical education will be promoted.
- Physical activity will be integrated when possible, across curricula and throughout the school day.
- Physical education includes individual activities as well as team sports.
- Physical education will involve sharing information with families.

With regard to the goal of having healthy school based activities, the School will have the following specific goals:

- The school environment will be safe, comfortable, pleasing and will allow ample time and space for eating meals. Students are allowed at least 20 minutes to eat lunch.
- Food and/or physical activity will not be used inappropriately as a reward or punishment.
- The school may demonstrate support for the health of all students by hosting health clinics and health screenings, and helping to enroll children in state children's health insurance programs.
- The planning of all school-based activities will take into consideration the local wellness policy goals.

The School will adhere to the following Nutrition Guidelines for all foods available on campus during the school day:

- Child Nutrition Programs will comply with and will not be less restrictive than federal, state and local requirements. Child Nutrition Programs are accessible to all children.
- All foods and beverages made available on campus by the school (including vending, concessions, a la carte, student stores, parties and fundraising) during the school day are consistent with the standards described by the National School Lunch Program, Healthier US School Challenge (HUSSC), and/ or Michigan Nutrition Standards.
- All foods made available on campus adhere to food safety, security and nutrition guidelines.

To accomplish the goals of the Local Wellness Policy, the Educational Service Provider will develop guidelines for implementation. Improvement reports measuring implementation with appropriate action plans are completed periodically. The Educational Service Provider will designate the school leader to be charged with operational responsibility for ensuring that the school meets the local wellness policy.