




**Lunch Menu, Chatfield School  
NOVEMBER 2018**

**Chartwells School Dining Services**

**Lunch Price: \$3.00, Reduced: .40c, Adult \$3.50**

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Carrots are the best food to improve vision.</b></p>  <p>Other colorful fruits and vegetables containing Vitamin A are also good for your eyes, such as oranges, spinach, and kale.</p> <p><b>FOOD FOCUS</b></p>			<p align="center">1</p> <p>Chicken Rings &amp; Mozz. Stix Combo Ranchy Branchy Broccoli Salad Diced Peaches Choice of Milk</p>	<p align="center">2</p> <p align="center">½ Day of School</p>
<p align="center">5</p> <p>Hot Dog on a WG Bun Cheesy Broccoli Italian Pasta Salad Cucumbers Coins Fresh Carrot Sticks Chilled Applesauce Choice of Milk</p> <p>W3</p>	<p align="center">6</p> <p>Breaded WG Chicken Patty Sandwich Refried Beans seasoned w/Salsa and Spices Seasoned Corn Dark Green Tossed Salad Chilled Pears Choice of Milk</p>	<p align="center">7</p> <p>Mozzarella Pizza Crunchers Crinkle Cut Fries Fresh Broccoli Florets Chilled Peach Slices Confetti Coleslaw Fresh Michigan Apple Choice of Milk</p>	<p align="center">8</p> <p>Turkey &amp; Cheese on WG Sub Bun Cinnamon Glazed Carrots Ranchy Broccoli Salad Chilled Mixed Fruit Cocktail Choice of Milk</p>	<p align="center">9</p> <p>Homemade Pizza on White Whole Wheat Crust Seasoned Peas Colorful Green Salad Diced Pears Fresh Carrot Sticks Choice of Milk <b>Freezie Friday Fruit Slushie</b></p>
<p align="center">12</p> <p>Macaroni &amp; Cheese w/ WG Turkey Shaped Pretzel (when available) Seasoned Peas Fresh Carrot Sticks Chilled Applesauce Choice of Milk</p> <p>W4</p>	<p align="center">13</p> <p>Walking Taco Brown Rice, Refried Beans Seasoned Carrots Dark Green Tossed Salad Chilled Mixed Fruit Cocktail Choice of Milk</p>	<p align="center">14</p> <p><b>Turkey &amp; Gravy w/ Mashed Potatoes</b> WG Roll Cinn Glazed Carrots Celery Sticks Warm Apple Slices Diced Peaches Choice of Milk</p>	<p align="center">15</p> <p>Sweet N Sour Chicken w/ Veggie Fried Brown Rice Mini Vegetable Egg Roll Sesame Green Beans Fresh Cucumber Slices Fresh Baby Carrots Chilled Diced Pears Choice of Milk</p>	<p align="center">16</p> <p>Homemade Pepperoni Pizza Seasoned Broccoli Colorful Green Salad Chilled Diced Peaches Choice of Milk <b>Freezie Friday 100% Fruit Slushie Cup</b></p>
<p align="center">19</p> <p>Fun Lunch Assorted Muffin Cheddar Goldfish Crackers String Cheese Stick Yogurt Cup Fresh Local Apple Fresh Cucumber Coins Choice of Milk</p>	<p align="center">20</p> <p>Turkey &amp; Cheese on WG Sub Bun WG Smart Snack Chips Fresh Baby Carrots Chilled Mixed Fruit Cocktail Choice of Milk</p>	<p align="center">21</p> <p align="center">No School</p>	<p align="center">22</p> <p align="center">No School</p>	<p align="center">23</p> <p align="center">No School</p>
<p align="center">26</p> <p>Breaded Chicken Parmesan w/ Pasta Rotini Twists WG Dinner Roll Seasoned Corn Fresh Carrot Sticks Mixed Fruit Cocktail Choice of Milk</p> <p>W2</p>	<p align="center">27</p> <p>Beefy Soft Shell Taco Trimnings on the side Peace Out Spicy Pinto Beans Seasoned Cooked Carrots Dark Green Tossed Salad Fresh Celery and Carrots Mixed Fruit Cocktail Choice of Milk</p>	<p align="center">28</p> <p>Bosco Sticks filled w/Cheese Waffle Fries Seasoned Green Beans Dark Tossed Green Salad Chilled Applesauce <i>Orange Smiles</i> Choice of Milk</p>	<p align="center">29</p> <p>Chicken Rings &amp; Crunchers Cheese Pizza Bites Combo Ranchy Branchy Broccoli Salad Diced Peaches Choice of Milk</p>	<p align="center">30</p> <p>Individual Pan Cheese Pizza Seasoned Yellow Corn Fresh Celery Sticks Chilled Pears Choice of Milk <b>Freezie Friday 100% Fruit Slushie Cup</b></p>
Daily Milk Choices Include: Skim White, 1% White and 1% Chocolate				

**Any menu questions or comments? Please contact Joanne Van Houten, 810.538.1649. This institution is an equal opportunity provider.**